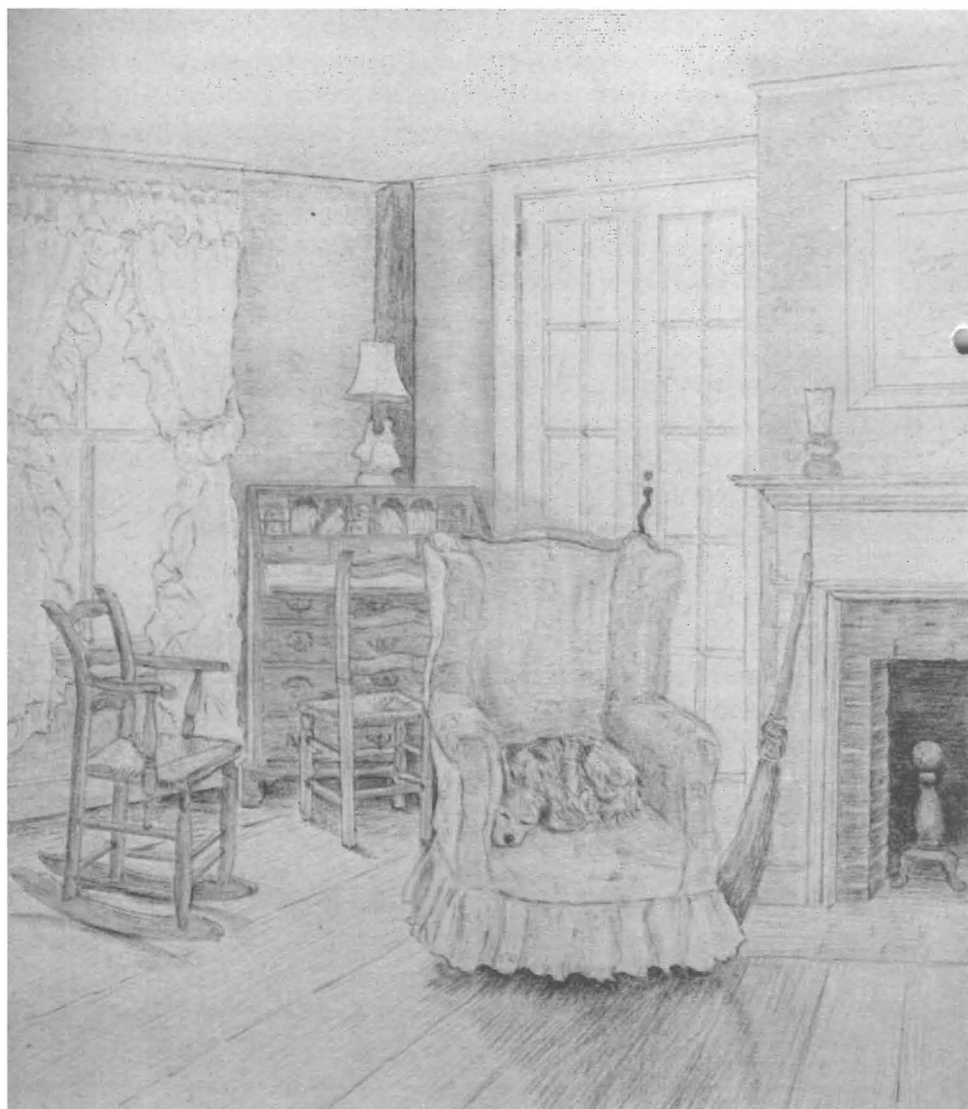


RUTLAND HISTORICAL SOCIETY
Quarterly

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**The Art of Dr. Emelie
Perkins: A Calendar**



EMELIE M. PERKINS - RUTLAND HISTORICAL SOCIETY

About the Authors

Jacob Sherman is the reference and technical services librarian at the Rutland Free Library. He also has served as Secretary of the Rutland Historical Society and is chairperson of its Publications Committee. His most recent contribution to the Society's publications was "The Flood of 1927 In Rutland: A Calendar": *Rutland Historical Society Quarterly* (Vol. 37 No. 4).

Helen K. Davidson is the current Secretary of the Rutland Historical Society and a member of the Publications Committee. Her most recent contribution to the Society's publications was as editor of "The 1908 Diary of Charlotte Chaffee" which was issued in two parts as *Rutland Historical Society Quarterly* (Vol. 35 No. 2 & 3). Helen also writes a weekly column "Tidbits From Then and Now," for the Society that is published in *Sam's Good News*, a local weekly paper.

Introduction

Helen Davidson has written the verses that accompany the sketches for each month. Jacob Sherman has authored the summary of the life and work of Dr. Emelie Perkins. In 1991 the Society published "An Extraordinary Woman Of Her Time" (Vol. XXI No. 4) which is an extensive treatment of the many facets of the life of Dr. Emelie Munson Perkins, M.D. (1890-1986) by Mary Louise Burditt, the niece of Dr. Perkins. Mary Louise fortunately had access to her aunt's many papers.

Although this calendar focuses on the sketches of Dr. Perkins, readers may wish to acquire the back issue *Quarterly* that treats the wide-ranging life of Dr. Perkins. A limited number of these are available from the society.

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The Art of Dr. Emelie Perkins: A Calendar

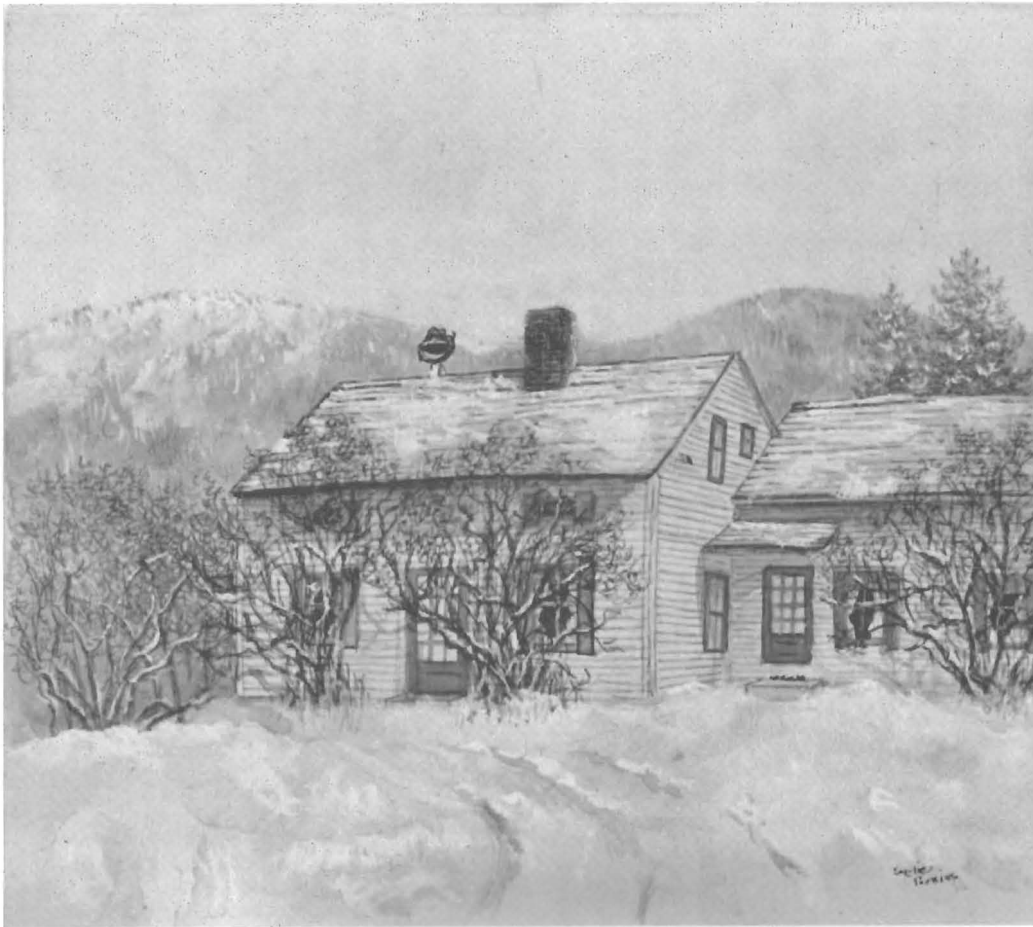
by Jacob Sherman and
Helen Davidson

Dr. Emelie Munson Perkins, whose drawings are featured in this calendar, was one of Vermont's most distinguished women. During the course of her nearly 96 years, she was traveler, diarist, artist, public health nurse, and, most of all, physician. Serving as a pediatrician for over 25 years, she won the affection and appreciation of thousands of Vermont families.

Born in Rutland in 1890, Emelie spent a happy girlhood there before going off to Smith College from which she graduated in 1910. During and following her college career she was able to tour Europe where she enjoyed studying art and visiting galleries. Her lifelong ambition, however, was to become a nurse. In 1919 she received her degree from New York's Presbyterian Hospital Training School for Nurses.

After six years of service as a public health nurse at age 35 she became the only woman in her class at the University of Vermont Medical School from which she graduated in 1929. She opened her own pediatric practice with an office in Rutland's Gryphon Building at age 41.

In 1937 she was appointed physician for the State Reformatory for Women in Rutland, and in the same year purchased the 100-year-old farmhouse in Mendon that was to be the subject of so many of her later drawings. In 1941 and 1942 she taught courses in childcare and public health in Middlebury and Burlington, to which she traveled once a week. She helped establish Well-Baby Clinics in Rutland and Manchester. In 1957 Dr. Perkins retired from the practice of medicine. This afforded her time to devote to her love of art. Continuing to be an active member of her community for nearly three more decades, Dr. Perkins passed away on 17 March 1986. In her later years she received many tributes from patients, colleagues, organizations, and her beloved alma mater, Smith College. Her legacy as physician and as artist is one of which Rutland can be particularly proud.



A Cozy Cottage

Once upon a time
In a cottage on a hill
Lived a children's doctor
Who came if they were ill.

JANUARY 2009

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King, Jr. Day	20	21	22	23	24
25	26	27	28	29	30	31



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“The Doctor Is Out”

Many children to care for
She's out on her rounds
She has a really clunky car
Taking her to many towns.

FEBRUARY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12 Lincoln's Birthday	13	14 Valentine's Day
15	16 President's Day	17	18	19	20	21
22 Washington's Birthday	23	24	25 Ash Wednesday	26	27	28



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Cat and Birds

O.K. birds, pick the seeds
A cozy pillow in the sun
Surely meets my needs.
I know my day is done.

MARCH 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8 Daylight Savings Begins	9	10	11	12	13	14
15	16	17 St. Patrick's Day	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



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The Bird's Feast

Always on a snowy day
The birds knew her care
She filled the feeders
And taught them to share.

APRIL 2009

SUNDAY

MONDAY

TUESDAY

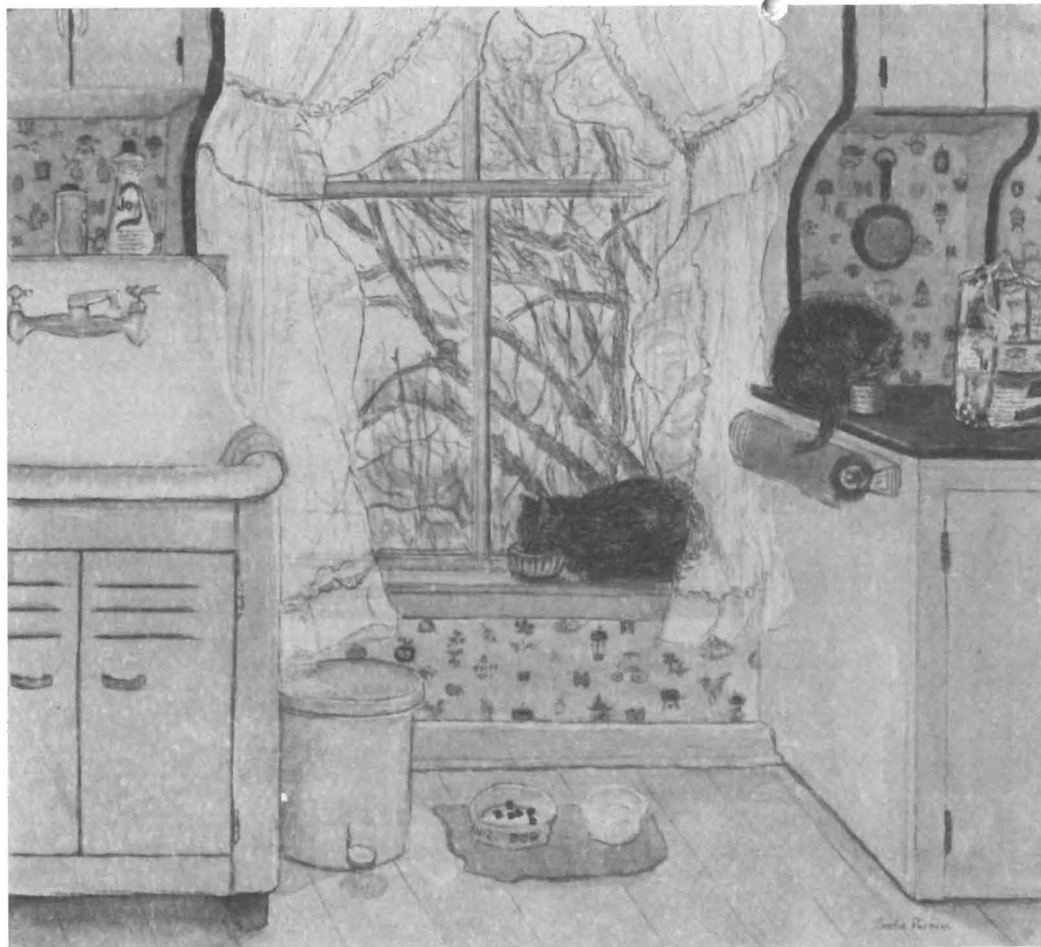
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1	2	3	4
5 Palm Sunday	6	7	8	9 Passover	10 Good Friday	11
12 Easter	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



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Cats Enjoy The Kitchen

Sitting on the window sill
Enjoying a little snack
One cat does not know
There's another at its back.

MAY 2009

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1	2
3	4	5	6	7	8	9
10 Mother's Day	11	12	13	14	15	16 Armed Forces Day
17	18	19	20	21	22	23
24 31	25 Memorial Day	26	27	28	29	30



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The Doctor's Desk

Will she make a sketch?
Will she write a note?
We see the cats are there
To give their purring vote.

JUNE 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Flag Day	15	16	17	18	19	20
21 Father's Day	22	23	24	25	26	27
28	29	30				



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The Dogs Relax

If posing for a sketch
Is the thing to do
The dogs will take a seat
And hold their poses too.

JULY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



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An August Day

The back door is ajar
The cats and dog at rest
The milk is on the porch
Days like this are best.

AUGUST 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
	Battle of Bennington Day					
23	24	25	26	27	28	29
30	31					



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September's Chill

If sitting in her parlor
To read or contemplate
There always is a log
Upon her fireplace grate.

SEPTEMBER 2009

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2	3	4	5
6	7 Labor Day	8	9	10	11	12
18	14	15	16	17	18	19 Rosh Hashanah
20	21	22	23	24	25	26
27	28 Yom Kippur	29	30			



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Halloween

Now it's time to celebrate,
Doctor has a festive feel
Pumpkins on the doorstep
The cat dares one to steal.

OCTOBER 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12 Columbus Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 Halloween



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Ready For Winter

In her home so happy
She cares for cats or dogs
Kept so warm and snug
By her giant pile of logs.

NOVEMBER 2009

SUNDAY

MONDAY

TUESDAY

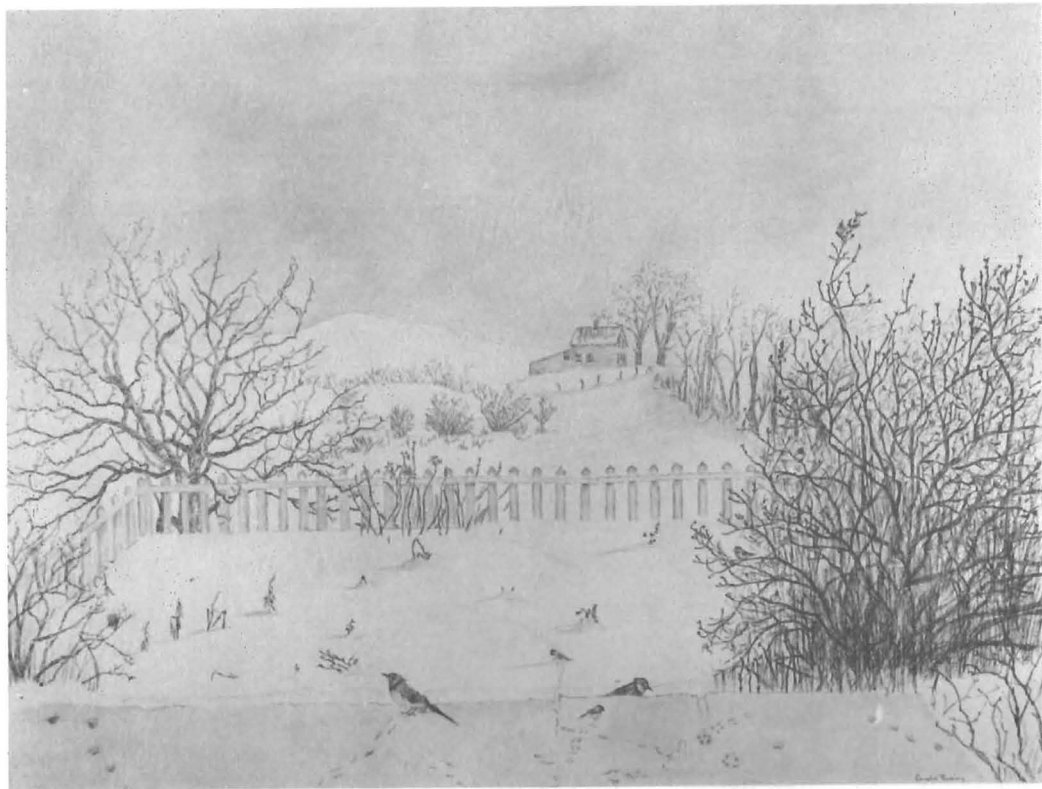
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Daylight Savings Ends	2	3	4	5	6	7
8	9	10	11 Veteran's Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30					



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Doctor and Artist

Framed by winter snows
Dr. Perkins found a skill
Seen in her sketches
Of her cottage on the hill.

DECEMBER 2009

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2	3	4	5
6	7	8	9	10	11	12
18	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Hanukkah

Christmas Day

New Year's Eve

